

Body Image Survey

1. Your gender is Female Male
2. What is your age? _____
3. Your personal annual income is
 Less than \$25,000 \$25,000-\$49,999 \$50,000-\$74,999 \$75,000 or more
4. Are you in a relationship with another person now? Yes No
5. On a scale of 1 to 5, how strong is that relationship? Very weak Very strong
6. How important is personal appearance to you? Not very important Very important
7. How often do you read fashion magazines? Not at all All the time
8. Rank the following fashion magazines in order of preference with 1 being the most liked to 5 being the least liked.
_____ Vogue _____ Elle _____ Glamour _____ Cosmopolitan _____ Seventeen

For each of the following statements, indicated your level of agreement or disagreement.

- | | |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 9. I feel self-conscious about my body shape. | Strongly disagree <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Strongly agree |
| 10. Media impacts the way I feel about myself. | Strongly disagree <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Strongly agree |
| 11. When I look at myself in the mirror I am uncomfortable. | Strongly disagree <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Strongly agree |
| 12. I like to exercise. | Strongly disagree <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Strongly agree |
| 13. I don't like the way I look when I try on clothes. | Strongly disagree <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Strongly agree |
| 14. I don't like weighing myself. | Strongly disagree <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Strongly agree |
| 15. I feel uncomfortable when I am with attractive people. | Strongly disagree <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Strongly agree |
| 16. I feel sexually attractive. | Strongly disagree <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Strongly agree |
| 17. I feel fat when I wear tight clothes. | Strongly disagree <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Strongly agree |
| 18. I don't like being photographed. | Strongly disagree <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Strongly agree |
| 19. I enjoy looking at current fashions. | Strongly disagree <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Strongly agree |
| 20. I have a high level of self-confidence. | Strongly disagree <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Strongly agree |
| 21. Seeing young, thin models makes me discouraged. | Strongly disagree <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Strongly agree |
| 22. I spend too much time thinking about food. | Strongly disagree <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Strongly agree |
| 23. Losing weight is always on my mind. | Strongly disagree <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> Strongly agree |
| 24. How many total social media profiles do you have (i.e. Facebook, LinkedIn, Twitter, Pinterest, Google+) _____ | |
| 25. On the average, how many times per week do you post something (i.e. photo, status, etc.) _____ | |
| 26. How much do you weigh (optional)? _____ | |
| 27. Your highest level of education is
<input type="checkbox"/> High school <input type="checkbox"/> 1-2 years of college <input type="checkbox"/> 3-4 years college <input type="checkbox"/> BA/BS Degree <input type="checkbox"/> Graduate Degree | |